



Enables athletes, coaches and officials to achieve excellence in cross country skiing through:
Education;
Cooperation;
Communication;
and
Competition.

Thursday, June 7, 2007

FOR MORE INFORMATION CONTACT:

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CENTRAL CROSS COUNTRY SKIING ANNUAL AWARDS

CXC announces annual awards for athlete, coach, volunteer of the year and regional elite athletes

HAYWARD, WI (June 7)

Central Cross Country Skiing proudly announces these prestigious annual awards based on performances from the past ski season.

CXC Athlete of the Year: Kyle Fredrickson-Hayward, WI

CXC Coach of the Year: Bryan Fish-CXC Team

CXC Volunteer of the Year: Ken Schoville-Hazelhurst, WI

CXC Regional Elite Athletes; Athlete performances from the past season based on criteria published in the CXC Competition Guide posted on www.cxcskiing.org :

J2

Jessie Diggins-Stillwater, MN

J1

Doug DeBold-Wayzata, MN

Joe Dubay-Coon Rapids, MN

OJ

Christina Gillis-Marquette, MI Northern Michigan University

Ingrid Fjeldheim-Marquette, MI Northern Michigan University

Ben Fick-Marine on St Croix, MN University of Utah

Kyle Fredrickson-Hayward, WI

Karl Nygren-Prior Lake, MN Colorado University

Seniors

Lindsey Weier-Mahtomedi, MN Northern Michigan University

Lindsay Williams-Hastings, MN Northern Michigan University

Laura Valaas-Hayward, WI CXC Team

Caitlin Compton-Minneapolis, MN CXC Team

Julia Coulter-Traverse City, MI University of Alaska-Fairbanks

Morgan Smyth-Marquette, MI Northern Michigan University

Kristina Owen-Hayward, WI CXC Team/Michigan Tech

Garrott Kuzzy-Hayward, WI CXC Team

Bryan Cook-Rhineland, WI CXC Team

Chris Cook-Rhineland, WI USST

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Central Cross Country Skiing ("CXC Skiing") is recognized by the United States Ski and Snowboard Association ("USSA") as the sole Regional Organization governing cross country skiing in the 10 state Central Region of the United States. CXC Skiing provides an organization which enables athletes, coaches and officials to achieve excellence in cross country skiing through: EDUCATION, COOPERATION, COMMUNICATION, and COMPETITION. CXC Skiing oversees youth programs; supports the Junior Olympic Qualifying system, Central Collegiate Ski Association, and Senior/Master skiing; provides athletes', coaches' and officials' education; coordinates competitions; supports and trains Olympic level athletes; and is the Midwest pipeline to the US Ski Team. CXC is a 501c3 non profit corporation and gratefully accepts tax deductible donations for program enhancement from all sources.